## **CYCLE CLUBS IN FARNHAM**

## U3A Cycling Club https://farnhamu3a.org.uk/groups/cycling/

**Monday Riders** - NEW: a fortnightly chance for a bit of exercise after the weekend, a circular ride starting at 10.00 am from The Bourne Green (parking available). Distance will be between 20 and 25 miles at about 10-12 miles an hour, inevitably with undulations. We will generally keep to roads with a chance for refreshments during or at the end of the ride. Places will be limited to 15 plus a leader so group members will need to sign up for each ride via our group email.

Andrew Melbourne -07428338881 - cyclingmondays@gmail.com Maxine Dunn. 07842125187

Wednesday Riders: There are two rides, usually starting from Farnham Maltings:

- Easier **EASY ROCKERS** about 15 20 miles at an average speed of about 11 mph, with some tracks. We stop for interesting mushrooms, trees & buildings.
- Moderate **MODS** about 25 35 miles, at an average speed of about 13 mph, all on roads.

Both groups stop for refreshments in a local café. Each group is limited to 15 riders so please advise the contacts below if you wish to attend.

EASY ROCKERS: David Hepper – 07768 452365 - easy.rock@local-software.co.uk MODS : Bob Mercer – 07444 718225 - robert.x.mercer@gmail.com

**Thursday Riders**: Circular cycle rides of around 15 to 18 miles at an average speed of 8 to 9 mph, organised and led by group members, from various locations in the wonderful Surrey-Hampshire countryside, mostly on-road (quiet country lanes) and some tracks.

- Ian Newman thursdayriders@btinternet.com 07764 784434
- Douglas Gordon same email 07876 361878
- Jenny Gordon same email 07796 254361

**Farnham Wayfarers - West Surrey Cycling Club** westsurreyctc.co.uk Neil McIntyre (or phone 07778 593601). If you haven't ridden in a group before he can arrange an introductory ride with some of our members. We are definitely not a "racing club". We enjoy pottering around the lanes, visiting coffee shops and pubs on the way.

## Farnham Road Club www.farnhamroadclub.org.uk

Competitive cycling with a range of abilities, male and female. Open and club events. Includes mountain biking and social activities.

**Breeze into the Forest at Alice Holt** Bucks Horn Oak, Farnham, GU10 4LS Women-only group cycle rides for all abilities 16+. Near the Alice Holt cycle hire centre.